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***CONTACT US AT:***

***acpa-uk@hotmail.com***

**October 2015**

**2015 Will Be ACPA’s 10 Year Anniversary And We Aim To Celebrate**

**Why not join the ACPA committee?**

Contact us to shape the associations future, & at the forefront in sharing best practice. Be a leader of arthroplasty care developments and work in partnership with other professional organizations**.**

[**Jill.pope@rlbuht.nhs.net**](mailto:Jill.pope@rlbuht.nhs.net)[**clare.sandell@iow.nhs.uk**](mailto:clare.sandell@iow.nhs.uk)

**ACPA Provides**

* **Networking opportunities**
* **Study days & conferences**
* **Information on Prosthesis**
* **Job opportunities**
* **Access to PowerPoint presentations**
* **Support & Friendship**
* **Opportunities to showcase your work**
* **Opportunities to present at meetings**
* **Web links to NJR, James Lind Alliance & practical hip and knee examination**
* **Reduced rates for some courses and conferences**

**2015/16 Dates for your diary**

* **Biomechanics course** 8-9th Dec 2015 (see below for booking information)
* **BHS-** 16-18th March 2016- Norwich
* **BASK/ACPA -**30-31st March 2016-Liverpool
* **Image Interpretation** 8-9th Sept2016
* **Surgical skills course** TBC

**ACPA 2016-Liverpool**

Jill, our ACPA president, is currently working on the 2016 ACPA programme. The Themes for this year’s conference stems around managing medically complex arthroplasty patients. Any suggestions or ideas for speakers or presentations please contact Jill directly ([Jill.pope@rlbuht.nhs.net](mailto:Jill.pope@rlbuht.nhs.net))

**Please note there is a ‘call for papers’ for the BASKmeeting, submission for which opens on the 1st October-30th November 2015**

**MEMBERS-** It is time to renew your ACPA membership; 20I5-2016 membership fees are due on 1st October

**Once again there has been no increase in membership fees.**

Membership renewal form have been e mailed out with instructions for payment. The form can either be posted or emailed to Ann Bradley, ACPA Membership Secretary

([ann.bradley@nnuh.nhs.uk](mailto:ann.bradley@nnuh.nhs.uk) )

I do not have a link to our bank account so if you are paying by direct debit or online please let me know by sending your renewal form as above. Any member who has **not renewed by 31st December** will have their account deactivated. Once your account is deactivated you are unable to access the member’s area of the website and are no longer eligible for preferential rates for courses and meetings.

**There are enamel ACPA pin badges available for all members, please contact Jill Pope** [**Jill.pope@rlbuht.nhs.net**](mailto:Jill.pope@rlbuht.nhs.net) **if don’t already have one but would like one**.

**Summary of the Wrightington Hosptal Hip Revision Surgery Seminar**

**held on Tuesday 7th July 2015**

**led by the Arthroplasty Practitioner team and Lower Limb Research team.**

A good way to put attendees in a good mood at the start of an evening seminar after a day at work is to provide good refreshments and the buffet food in the pleasant surroundings of the Education Centre set the scene for an informative and entertaining evening. There were stands staffed by De Puy and Ossur who were the sponsors for the event.

The first presentation, by ACPA member Jane James, described the role of Arthroplasty practitioners in the follow up care of Revision Surgery. Jane described the history of the role at Wrightington. After describing the risk factors Jane continued by referring to the BOA recommendation of regular clinical and radiological review. As well as describing Wrightington’s own model of reviewing, Jane gave examples of other review models. After describing a model for virtual clinics Jane concluded by emphasising the importance of having a team approach.

The second presentation, by Riazuddin Mohammed, used radiographic images to give examples of failing hip joint replacements and then discussed the surgical management. The overall message was that clinical radiographs of hip joint replacements often show failure before the onset of symptoms.

Following the refreshment break Mr Purbach gave an lively talk on revision hip surgery giving several examples of complex cases. As a physiotherapist I was pleased to hear that Mr Purbach is not an advocate of patients being NWB (non weight bearing) unless absolutely necessary. He explained that we need to be PWB (partial weight bearing) for regeneration and that holding the hip in flexion to avoid WB actually increases the loading through the joint.

The final talk was given by physiotherapist Luke Critchley who explained the differences between post-operative care for primary and revision hip surgery. He also explained that a key to patient satisfaction is managing patient expectation and recommended more pre-operative education for revision hips as with primary hips.

The seminar was linked throughout by Mr Purbach giving interesting anecdotes and historical facts about Wrightington Hospital. It was worthwhile giving up an evening to attend this informative and interesting seminar and I look forward to attending more at Wrightington.

***Jill Pope, Clinical Physiotherapy Specialist, Royal Liverpool and Broadgreen Hospitals***



**Coming soon – your chance to vote for important questions for research in Early Osteoarthritis of Hips and Knees**

**Who can take part?**

***Patients, carers, and health/social care professionals***

If you have, have had, or are caring for someone who has, or had, early stage osteoarthritis (OA), **or**

work as a health or social care professional in this area…..t***his is your chance to influence what questions future research should answer.***

**Why should I take the survey?**

The **Early OA of Hip and Knee** prioritisation survey will result in the Top Ten questions that future research should answer in respect of (i) surgical treatments for early OA, (ii) Non-surgical treatments, and (iii) other important questions. The questions were collected by an initial survey in Spring 2015, and have been collated and checked to see whether any have already been answered.

**How can I take part?**

The survey will be available online from November 2015 – the link will be published here: **www.tinyurl.com/psfsa6y**

In the meantime, you can contact the James Lind Alliance Project Manager at the Oxford Biomedical Research Centre and ask to be put on a list to be informed when the survey is ready - tel/voicemail 01865 223298, e-mail sandra.regan@ouh.nhs.uk.

***The survey should only take about 10 minutes to complete.***

***Funding partners:***

British Orthopaedic Association

British Association for Surgery of the Knee

British Hip Society

***Wider* partnership - *T****he full list is on the website*

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. The Faculty of engineering is delighted to offer a discounted fee for ACPA participants who wish to register for the 2 day course, this will be **£450 (vat exempt).** We are just finalising the programme and speakers and then online registration will be open. The course was fully booked last year so we are recommending early registration.

This is **advance notice** of the annual short course dates. The full programme and registration details will be available soon

via the [LOBC 2015 course webpage](http://www.engineering.leeds.ac.uk/short-courses/medical-biological/Leeds%20Orthopaedic%20Biomechanics%20course/LOBC.shtml).

**Course aims**

As part of the Medical Engineering postgraduate programme provision, the Institute of Medical & Biological Engineering is offering a specialist course on Orthopaedic Biomechanics. The course aims to give delegates an understanding of the necessary fundamentals of biomechanics and how they are applied to solve problems in orthopaedics. The course will integrate the engineering and medical approaches to orthopaedic problems.

**Who should attend**

The course will be of interest to personnel from academic, health-care and industrial sectors; including researchers and PhD students in the field; orthopaedic surgeons, trainees and practitioners, and in the orthopaedic industry those involved in development, testing, regulation, sales and marketing.

**We STILL WANT**

**Business case examples** for members to access on the members area of the website to share resources and ideas. Ideas to Lindsay Smith **[smith@unforgettable.com](mailto:smith@unforgettable.com)**

**Upper limb**  information or help that we can give to colleagues working within upper limb. Please contact us with any innovation or updates via [**Jill.pope@rlbuht.nhs.net**](mailto:Jill.pope@rlbuht.nhs.net)

**Telephone follow up :** memberswith experience of telephone follow up please share your experience with us via [**clairestevens@nhs.net**](mailto:clairestevens@nhs.net)

**NB To get the most out of your membership, make sure you send us information or suggestions for discussions or sessions that should be included at future events.**